

## Track-Race Info June 2016



To all track-race unicyclist planning to participate at **UNICON18** in Donostia

Only one month is left, until we will all meet in Donostia for UNICON 18.

As Track Race Event director I would like to give you some more detailed information in advance to make sure that everything will run perfectly for all the athletes and to make sure that we will have a great and fair competition.

Please make sure to study the Track and Field section of the actual [IUF Competition Rulebook 2015](#) carefully to be aware of all the rules.

This Track-Race Info only gives some additional information and is not repeating the general rules of the rule book.

We have a fantastic stadium with eight lanes for all the track-races.

To have an as fair as possible competition, we will use the well proven false start monitoring system developed by the Swiss Unicycle Racing Union. You can have a first impression on how it works by downloading the presentation ("*presentation false start monitoring system.pdf*"). Also you can watch sample videos on YouTube <http://www.youtube.com/watch?v=PhmnS-ql0zk> and <http://www.youtube.com/watch?v=qfohdVULkHM>.

Beside the automatic detection of an early start, we will also watch carefully for any running start, if you position you unicycle wheel significantly behind the starting line. Be aware that your wheel is NOT allowed to move forward before the starting signal.

Please make sure that you all practice proper starting already before participating at Unicon16 as this false start monitoring system does definitely not allow any early (false) start.

**Only ONE false starts PER HEAT will be allowed totally.** Riders causing the second false start will be disqualified, even if it was his/her first false start personally. Only with this strict rule we will be able to keep any timing schedule for the races, allowing all registered riders to start in the various disciplines.

To give you all the chance to practice proper starting before the competition, we schedule a special **Track-Race Starting Workshop** on 28<sup>th</sup> of July. We do not want to have to disqualify any rider because of not knowing this strict starting procedure.

Of course we will have the electronic start beeper signal again. A sample audio file of the start signal you can download for your personal practice ("*Startbeep Signal.mp3*").

Currently we have the following program schedule for the track races:

<b>Date</b>	<b>from – until</b>	<b>Disciplin</b>
July 28	8:00 – 14:00	IUF-Slalom
	10:00 – 14:00	Track Start Workshop with False Start Monitoring
	15:00 – 21:00	IUF-Slalom
July 29	8:00 – 14:00	IUF-Slalom
	15:00 – 18:00	Track Coasting
	19:00 – 19:30	<b>FINAL</b> IUF-Slalom
August 2	8:00 – 12:30	100m
	13:00 – 14:00	10m Wheel Walk Part 1
	15:00 – 17:00	30m Wheel Walk Part 2
	19:30 – 21:30	Downhill Gliding (very closed to stadium)
August 3	8:00 – 12:00	50m One Foot
	12:30 – 14:00	4x100m Relay Part 1 (0-14)
	15:00 – 16:00	4x100m Relay Part 2 (15-99)
	16:00 – 20:30	400m
August 4	8:00 – 14:00	800m
	17:00 – 17:15	<b>FINAL</b> 100m
	17:45 – 18:00	<b>FINAL</b> 50m One Foot
	18:30 – 18:45	<b>FINAL</b> 30m Wheel Walk
	19:15 – 19:45	<b>FINAL</b> 4x100m Relay
	20:00 – 20:30	<b>FINAL</b> 400m
	21:00 – 21:30	<b>FINAL</b> 800m

The starting order will be from younger to older age groups and from slow to fast within each age group.

**We highly recommend to wear helmets during all track races and also during practice and warm up in the stadium.**

#### **Relay:**

We will have two age groups for the relay competition (0-14 years and 15 up). The age of the oldest rider defines the age group.

As in all other track race disciplines we will have a final of the 8 fastest relay teams on 4th of August.

#### **800m:**

Start will be in lanes for the first 100m (Stagger start)

#### **Track Coasting :**

This competition is done in three separate lanes where three riders can run the competition in parallel. Each on these lanes consist of 2 standard track lanes. The riders can start individually after a short concentration period.

No final is held in the discipline. Finalist status will still be awarded on the basis of results in age group competition. If two riders of the top 3 stayed on their unicycles for the same distance, the second try is taken into account for evaluation.

We hope this information will help you all to prepare yourself perfectly for Unicon18.

See you soon in Donastia,  
kind regards,  
Andreas Rodler

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